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Scripting for a Meaningful Life

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In my personal development journey, I came across the works of Florence Scovel Schinn. Her books, videos and writings have influenced me so much that I can almost attribute certain actions that brought victory to me to her work. One of the profound things she shared was that life is a game and you must know how to play it by understanding its rules. She was also a proponent of affirmations. She is the principal influence for this article.

Here, I have outlined a few pointers to what you should pen down as important considerations for a life of meaning. You must strive to live a life that is connected to purpose and able to give expression to your potentials, passions and interests. These elements of your "script" must become signals of possibilities and indicators of progress as you move towards meaningfulness.



- **Have a Blueprint for Life:** Never live your life to chance because you can only make improvements to what has been designed. If you want to see your dreams come to pass, put your thoughts on paper and make it plain. You cannot refined what is not defined. Put metrics in your life so that you can easily tell when you have attained success. It will serve as a point of improvement on your personal development journey. What you cannot measured cannot be improved. Your blueprint for life is not a static document. It is a guide to how you should move towards your desires. The moment it is not relevant to the issues at hand, change it. When the prevalent isn't what you think should be an ideal, produce its replacement. What you focus on is the single most important way to manage the use of your resources.
- **Evaluate Your Aspirations:** Assess your expectations so you can firm up your approach. Many a time we don't test the validity of our pursuits. A life of meaning will make room to ascertain what is the worst possible outcome in an engagement. It will also check what is the best possible outcome. An evaluation of your aspirations influences the way you live your life and how you commit to using your resources over your lifetime. If you have ever read the portion of scripture that said "the labour of the fool wearies everyone working with him because he doesn't possess the know how to get to the city", you will realise that approaches often time give meaning to goals. The value of every successful outcome is hidden in the approach of its accomplishment. Results are not produced by great ideas alone; they are also birthed through effective methods and models.
- **Revise Your Pathway:** I once read about the K.W.I.N.K. (Knowing What I Now Know) from Brian Tracy. This is one principle I believe helped the Prodigal Son whom we read about in the book of Luke take the decision of returning to his father after living a riotous life. Friend, you can retrace your steps to restart your journey towards significance on the heels of a new knowledge. Don't be fixated on your decisions that are already yielding poor results. Don't be hung up on the approaches that have reduced the value of your outcomes. Revise your pathway to a meaningful life. Most times, these revisions will require looking within. Don't look for the triggers of change outside yourself; you are a reservoir of ideas that can transform your life. If you will stand up to the unproductive things in your life no matter how bad they have made your life look, you will still experience greatness. Your progress in life will be dependent on your ability to overcome incredible odds in life.



- **Go for Quality:** You will always attract resources if you continually put your best foot forward. In getting your life ready for meaningfulness, don't embrace mediocrity. Look out for those who express excellence in all that they do and make them the benchmarks for the outcomes of your efforts. Look out for industry standards and align with them. Look to organizations that are producing phenomenal results and let them be sources of institutional affiliations and collaborations. We are told that he who walks with the wise shall be wise. You need to groom your quest for excellence by nurturing relationships that are excellent. Your value is not in your possessions or acquisitions rather it is in the person you have grown to be.
- **Cultivate Relationships Profitably:** If you must expand your sphere of influence, consider showing people how goals have been achieved by those with similar interests. Let your motivation for building relationships be based on your desire to support them as they match toward excellence. As you look to get recommendations that improve your professional outlook, never forget to pay it back. Zig Ziglar affirmed that the best way to get what you want is to help someone get what they want. You can make the most of your life if you will care to find out how you can connect the people around you to their noblest ideals. The beauty of life is that once people succeed by your support, they will tell more people how you came to their aid and rescue. You will touch more lives if people are told how much value you possess based on their personal experience with your abilities.



- **Refine Your Motives:** Once you understand that outcomes are derived from causes, you will take time to review your motives. In determining what should motivate you, you have to choose between the events of the future and the past. The best place to look is the future. Let the future, not the past, be the trigger and influencers of your engagements. We are told that Jesus endured and despised the shame of the cross because of the joy he had envisioned ahead. As you face the future, let there be no apprehension but positive anticipation of great things to come. In assessing the influence of your motives, you should not forget that the things we see in our daily lives are simply expressions of what we have allowed to dwell in our subconscious. What you manifest in your physical life is what has been finished in your thought life. The presence of a thing in this realm is simply an expression of its completion in another realm.
- **Pursue a Noble Lifestyle:** Good results and positive outcomes are the encouragers of a painstaking lifestyle. A noble life is one that ascribes credit to the partnership with God. All that we will become that will be gratifying and long lasting will be supported by the forces of the supernatural. In all your ways acknowledge God, that's when He shows you what to do per time. No one ever gets stranded living a life that is dictated by the core value espoused by the supernatural: LOVE. Never forget that even those that are not dignitaries deserve dignity. That's the way of love.



Final Word

Don't leave your life to chance!





Profile for Dr. Olumuyiwa Akinrole Oludayo

Dr. Olumuyiwa Akinrole Oludayo is a transformative leader and consultant with a distinguished career across higher education, human resource management, and organisational development. His professional journey reflects an enduring commitment to influencing impactful change and advancing practices that drive growth and excellence at both individual and organisational levels.

With a strong foundation in academia, Dr. Oludayo has contributed extensively to higher education as a Member of Faculty for Human Resource Management, guiding the next generation of professionals and leaders. His roles as Dean of Students, Registrar, and Director of the African Leadership Development Centre have enabled him to influence institutional leadership and capacity-building across Africa, crafting learning environments that are centred on holistic development and resilience.

As a Research Fellow with the Chartered Institute of Personnel Management of Nigeria, Dr. Oludayo has made notable contributions to HR practice in Nigeria. His publications and development of frameworks have significantly shaped best practices within the industry, equipping HR professionals with contextually relevant strategies that address both contemporary and emerging challenges.

Organisations that engage Dr. Oludayo's consulting expertise benefit from a wealth of experience and a bespoke approach to people management. Through his work, he has supported a diverse range of organisations in optimising their talent strategies, enhancing leadership capacity, and creating resilient teams. His consulting work is marked by a commitment to solutions that are analytically robust and deeply aligned with an organisation's unique culture and objectives.

By partnering with Dr. Oludayo, organisations gain access to innovative approaches to talent development and organisational effectiveness. His strategic guidance encourages a culture of resilience, adaptability, and continuous improvement. His proven ability to integrate strategic insight with a people-centred approach makes him an invaluable asset for organisations striving for sustainable growth and a competitive edge.

In bridging the realms of academia, research, and practical consulting, Dr. Oludayo offers a holistic perspective that is both visionary and results-driven. His contributions go beyond enhancing performance; they cultivate lasting organisational value, enabling businesses to thrive through a stronger, more cohesive approach to human capital management.

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